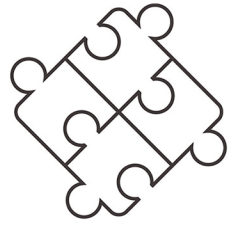


Would you rather...



Where to start: This exercise is a variation on a popular game where players have to choose between two difficult scenarios. This prompt asks kids to reflect on the kinds of things they like to work hard at. Start with a conversation about activities that are fun but challenging. What makes them enjoyable and worth the hard effort? Does everyone have the same idea of what's enjoyable?

Prompt: Would you rather put together a 1,000 piece puzzle or hike for 5 hours up a mountain? Why?

How to go deeper: What's something challenging that you'd rather do than either of those two things. Describe what's involved in doing that activity. What's fun about it? (Use the back of this page to write.)