



# These are the days



**Where to start:** At this age, a lot of kids are in a hurry to grow up, or wish they had some of the privileges of older kids. Start with a conversation about what's great about being the age they are right now. Ask them to come up with an opinion that they can support with reasons. There are no wrong answers!

**Prompt:** What do you think is the best age to be? Why?

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**How to go deeper:** Would it be more fun to be a kid in a grown-up's body or a grown-up in a kid's body? Why? (Use the back of this page to write.)