



Joining the family



Where to start: In this writing exercise, kids tell a narrative story about their own birth or about the day they became part of their family. Start with a conversation that recalls some of the happiest parts of that day. What day of the week was it? What was the weather like? Who was there? If they don't know, they can use their imaginations to fill in the details.

Prompt: What do you know about the day you were born or came home?

How to go deeper: If you have a younger sibling or pet, what do you remember about the day that person or animal became part of the family? (Use the back of this page to write.)