**In-between** 



**Where to start**: Adults have a lot to say about the challenges facing kids today. This exercise gives kids the opportunity to be the experts on their own experience. Start with a conversation about what it's like to no longer be a little kid but not yet be a teenager.

**Prompt**: What's the hardest thing about being the age adults call "tween," meaning in between a kid and teenager?

**How to go deeper:** What's something you wish adults understood about your age? (Use the back of this page to write.)

