

SAVING A RESOURCE

by Lily Novak

Did you know that you can save hundreds of gallons right there in your house? The consumption of water we use has increased highly over many years. If we keep using water it will be all gone, and then where would we be? You can help to save our valuable element. Here are some ways of how you can help ^{and around} the house in the bathroom.

In the bathroom

~~You can encourage your parents to~~
You can offer ideas to an adult, recommending free low-flow shower heads and toilets. Also, not leaving faucet on when your brushing and washing your hands can really help too. By using soap to scrub your hands and then rinsing, you lower the amount of water you use. With brushing, with brushing to. ~~Wet~~ your toothbrush and toothpaste, then turn the water off to brush. Turn it on again to rinse your brush and mouth. Just by turning off the faucet

you can save gallons of water every minute. Speaking of water being used by minutes, showers are next on the list. If one minutes just went by 7 gallons were wasted. Take short showers and use less water. Another reason is to inform a janitor at school if there a leaky faucet or toilet, so it can be fixed. Another way you can help, if your Gold fish just died, or, you found a dead bug, use a waste basket instead of flushing it. It uses 1.5 gallons unnecessarily. That goes for paper towels and tissues too!

for those taking a shower

if your Gold fish flushing

For around the house, using a rain barrel to catch water then watering plants, with the water that you caught, escalates the amount of water more than a watering can.

Also if you use tap water to drink, you want to run the water to get it cold, right? But running is a waste! Keep a pitcher of cold ice water in the fridge instead. Lastly, scraping your plate before you put it in an dish washer, saves you from rinsing your plate in the sink.

But make sure the machine is full before turning it on. All of these ways are efficient water saving methods.

It is important that we all do our part to save water. If everyone chimed in to decrease our water consumption we could keep the world and ecosystem happy and healthy.

In the bathroom

let someone know if there is a leaky faucet or toilet

take short showers

free low-flow shower heads

tissues, paper towels, dead fish or bugs-don't flush

tell others not to leave faucet running

rain barrel to catch water then use on plants

keep pitcher of water in fridge if thirsty

collect already used water to water plants

scrape your plate before putting it in a full dishwasher

Title

✓ Did you know that you can save hundreds of gallons of water right there in your house? The consumption of water we use has increased highly over many years. If we keep using water, there will be none left, and then where would we be? The world for good.

You can help in many ways, here are some examples of how you can help.

around the house

bathroom

Blank writing area with a yellow border and a dashed line at the top.

Blank writing area with a blue border and a yellow and blue striped top border.

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Adapted from
Diana Leddy

Save Our Water!

Did you know that kids can make a very important difference in saving the earth's water? They can! But first off, why do we even need to conserve water?

Water is a natural resource that we get from the Earth. Without it, we would not be able to live! Imagine a world with no water at all. You wouldn't be able to drink it, bathe, or swim! Without clean water, plants, animals, birds and ocean life would also be unable to live. Kids can help protect this resource. You make a huge difference simply by starting at home. To get an idea of how much water we could save if we all made a small effort, think about this. What if every person across the nation flushed their toilets one time less every day? Together they could save enough water to fill a lake as large as a mile wide and long and four feet in depth!

Now you know how important it is to help save water. Try some of the ideas below. Start doing your part to change our world!

Some Ways Kids Can Help to Save Water:

- ✓ When you wash your hands, don't leave the water running. Wet your hands and turn the water off. Use soap and lather your hands well. Then turn the water on to rinse. Turn off the water and make sure it is off completely. Then dry your hands.
- ✓ Do the same when you brush your teeth. Turn the faucet on to get your toothbrush and toothpaste wet. Turn it on again to rinse your mouth and toothbrush. Don't leave the water running while you're brushing.
- ✓ Tell your friends what you're doing and why. Encourage them to do the same.
- ✓ Baths use a lot of water (about 37 gallons on average). Take short showers and use only about 20 gallons of water, instead.
- ✓ Use a wastebasket for tissues, paper towels, or even dead bugs or goldfish. Don't flush them. The average flush uses as much as 5 gallons of water! Even if the toilets in your house are "low-flow" toilets, using them for trash still uses 1.5 gallons of water unnecessarily.
- ✓ A regular shower head uses as much as 7 gallons of water every minute. Let adults know they could get a free low-flow shower head at the local water district.
- ✓ Do you have plants in your house? When vegetables or other fresh produce are washed, collect that water and use it to water the plants.
- ✓ Do you like a drink of cold water now and then? Keep a pitcher of water in the refrigerator. That way you don't have to run the water to get it cold.
- ✓ Put a barrel outdoors to catch rain water. Then use that water for things like watering plants or flushing toilets. You can save hundreds of gallons of water a year!
- ✓ Remind the others in your home, and your friends, not to leave any faucet running. Only use what is truly needed!
- ✓ Is there is a dishwasher in your house? Ask everyone to scrape their plates rather than rinse them before loading them into the machine. It should always be full before turning it on.
- ✓ Is there a leaky faucet or toilet in the bathroom at school? Be sure to let someone know so that it can be repaired.

Even if you do just one thing each day to contribute to your home's water conservation, you're doing the right thing!

FOCUSING QUESTION: What can you do to save water?